

GROUP PROJECT – TECHNOLOGY

For this assignment you will prepare a presentation on the short and long term effects of technology on an individual's health.

- a. Effects of screen time on one's health
 - a. Strategies for managing screen time
- b. Appropriate use of technology for communication
- c. How technology can be used to enhance one's physical, emotional and mental health
- d. 3-5 Resources available for student support
- e. Resources must address physical, mental, and emotional health



Evaluation

You will receive **5 marks** for the criteria sheet and **20 marks** for this assignment calculated as follows

1. Content – Did your group address all areas outlined above thoroughly? (15)
2. Presentation – Was your presentation clear and easy to follow? (5)
 - a. Were your visuals easy to see and understand?
 - b. Were your speakers clear and understandable?
 - c. Were you able to effectively answer questions at the end?

